

Backseat Salad

A carton of cottage cheese, a carton of cool whip, a can of fruit cocktail, and a package of lime jello. Pick up at store on way to event. Dump into big bowl and stir.

For more festive occasions, substitute pineapple and lemon jello or whatever the hell you can grab fast.

Yesterday was my family's annual *I Can Cook Better Than You* occasion. My sister, the top management person, bought a huge plate of cookies from a good bakery.

I bought: lemon-poppy bread from Betty Crocker bread mix box, a can of molded cranberry sauce with the beautiful round lines, some homemade cranberry-orange sauce which did take a bit of time, and a broccoli salad which took more time but was mostly chopping up stuff and mixing it in a big bowl.

There was considerably too much to eat!!

Bread seemed to be popular this year: raisin bread from a mix and my sister's bread machine, real apple nut bread that someone with time and skill made, Pillsbury refrigerated hard rolls, my lemon-poppy. I brought home a big plate of bread and am eating it for breakfast.

The point is — you can spend hours in the kitchen or a few minutes.

I've gone from hours preparing fancy meals (which was a much-loved hobby) to a few scattered minutes. Because of pain and fatigue, I never spend more than 20 minutes on any meal.

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