

Access to Windows on the Training Room PCs

1. Turn the **POWER ON**

The computer will load the HOST.  
 Wait for the Welcome dialog box  
 then press **Ctrl+Alt+Delete** to begin.

2. Log on to the HOST

Username:	<b>Student</b>
Password:	<b>Operat1ng</b>
Log on to:	<i>(This Machine)</i>
Click	<input type="button" value="OK"/> or press <b>Enter</b>

*Password the O is upper case and the t is followed by the number one 1*  
*This Machine is Train01 to Train12.*

*If this field shows PCUG use the down arrow to change it.*

You only have User Rights on the HOST.

3. Wait for **vmMENU** to load.

Enter a number 1-6 for the VM you want:

- |            |              |
|------------|--------------|
| 1 = XPO3vm | 4 = BegSIGvm |
| 2 = XPO7vm | 5 = DigSIGvm |
| 3 = VBO7vm | 6 = COURSEvm |

No other number is valid.

The selected VM will Start.

You have Administrator rights on the VM.

Use the VM as you would use any other PC.

4. When you finish, **SHUTDOWN** the VM

as you would any computer, using the sequence: Start  
 Turn Off Computer  
 Turn Off

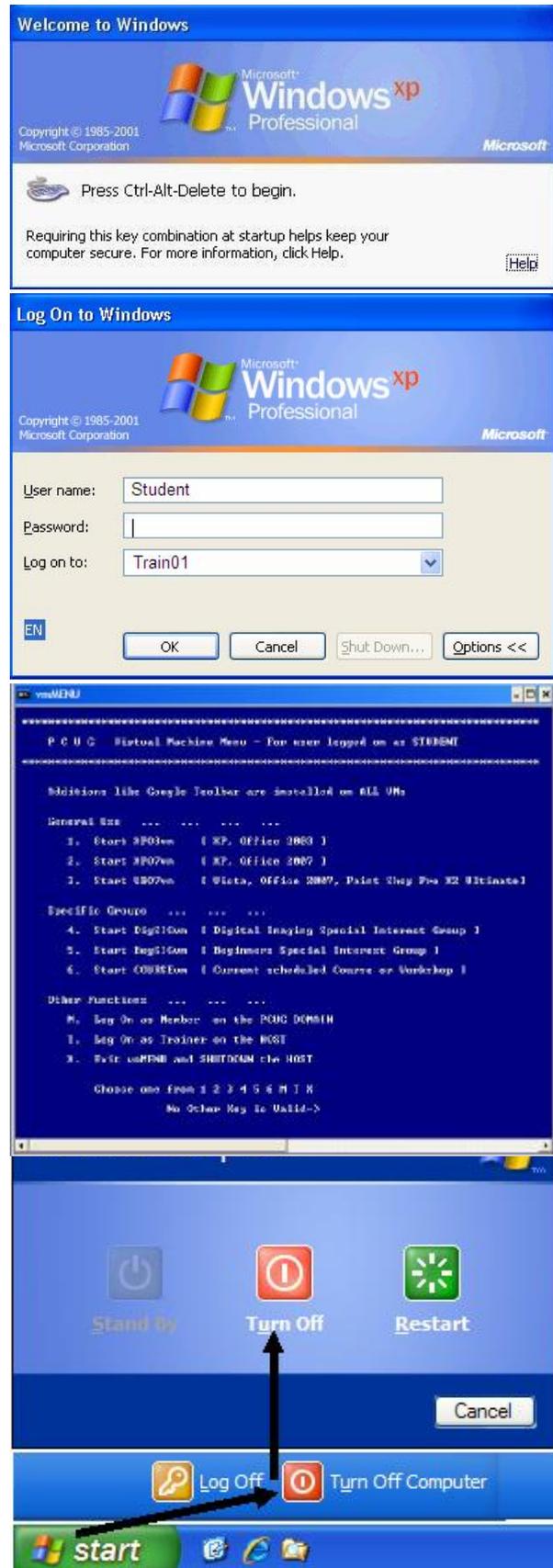
5. You will be returned to **vmMENU**

You can enter another VM number 1-6 or select from these **Other Functions**:

- M** = Log On as Member on PCUG
- T** = Log On as Trainer on TrainXX
- X** = Exit and Shutdown the HOST

No other character is valid.

6. **Monitors** have automatic power saving and do not need to be powered off.



See other side for "How to get Linux up and running"